



## Myths & Facts

Myth:

*Nursing facility residents lose all of their rights.*

Fact:

Nursing facility residents maintain all of their constitutional rights, including the right to vote. In fact, an act passed by Congress (OBRA 87), outlines specific rights to all nursing facility residents. Among other rights, residents have the right to voice complaints and concerns about the facility, the right to have a voice in the care that they are given, the right to receive visitors as well as freedom of choice.

Myth:

*Residents of nursing facilities are physically restrained.*

Fact:

No restraint, either physical or chemical, can be applied without a physician's order. Additionally the professionals at Kinder Retirement solicit family input and support prior to requesting a physician's order for restraint. Application of a restraint must be in the best interest of the resident and not the facility.

Myth:

*Residents don't have choices as to what they eat, the activities they participate in, nor in what time they retire for the evening.*

Fact:

We realize that living in a nursing facility is not like living at home, although we try to see that our resident's environments are home-like to the highest degree possible. However, every effort is made to accommodate every resident's individual need and desires. Residents have choices with regards to meals, activities, room décor and what time they retire for the evening.



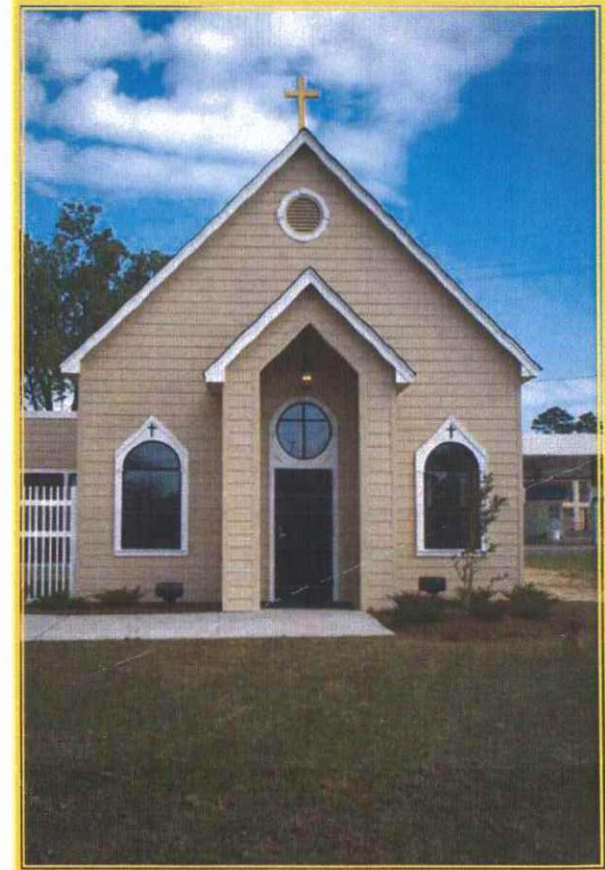
## Consideration



Whether you are thinking about a nursing home for a relative, a friend or yourself, please consider the following aspects offered at Kinder Retirement & Rehabilitation:

24-hour Skilled Nursing Care	24-hour on-call Physician
24-hour on-call Pharmacy	In-house Therapy Services
Private and Semi-private Rooms	Barber/Beauty Shop
Religious Services	Therapeutic Diets
Activities	Whirlpool Tubs
Laundry Service	Hospice Care
Resident Transportation Van	Medicaid/Medicare Approved

Let the professionals at Kinder Retirement assist you in making decisions concerning long term care. "Our family would love to take care of your family".



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## “An Exceptional Place”



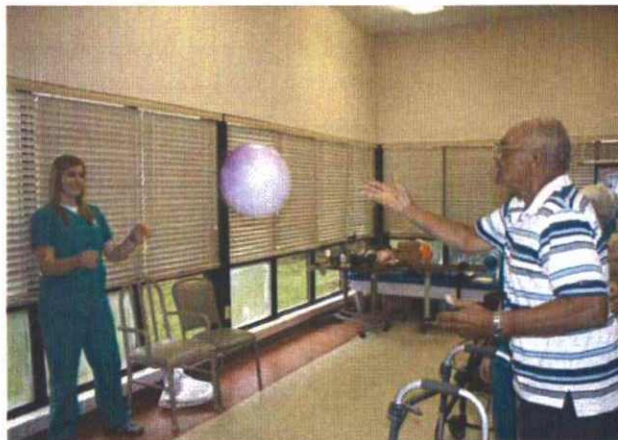
Choosing a comfortable environment for a relative, friend or even yourself isn't always an easy task. At Kinder Retirement and Rehabilitation Center we are well aware of this, and we realize this major milestone is an important event in your life.

Our family is committed to becoming part of your family. It is our firm belief that quality of life is as important as quality of care and our low resident to staff ratio allows us to provide individualized attention to each one of our resident family members. Our goal is to improve their quality of life and strive to make Kinder Retirement feel just like home. We provide our residents with opportunities for fun and interesting activities. We not only play bingo, we go places. Yes, we take our family members to various events and venues to enable them to continue to live their life to the fullest.

With our family caring for your family, you can feel confident that all physical, emotional, social and spiritual needs will be met with plenty of tender loving care.



## Our Home



## Our Staff



We believe our staff makes the difference. Our veteran staff has been with the facility for more than twenty years and are responsible for this caring family environment at Kinder Retirement. Our supervisors and administrators expect more than mere technical compliance with governmental rules and regulations. They demand a staff sensitive to the social and emotional needs of the residents. Consequently, our employees know more than their job - they know the importance of a kind word, a gentle touch, and the healing power of a smile.

Our Synergy Care therapists are highly skilled in the treatment and rehabilitation of a wide variety of injuries and illnesses. They strive to take therapy to a higher level and dedicate themselves to delivering more than you expect.

